

The changes we would like to make to our health services in Nottingham to make them better for all of us



easy read



We want to tell you about our plans for the future of health services in Nottinghamshire.

It involves everyone who works in healthcare in Nottingham working together to make you happier and healthier

Tell us what you think.

We will listen to what you have to say, and use it to help us decide how we change things for the better.

We want to **make our health services better** so that people living in our area **live longer, healthier and happier lives**



We know that our hospital services are **not set up now for us to do this**



Our plans could mean the government will **give us the money** we need to **make this happen**



We have already asked **doctors, nurses** and other **people that work in healthcare what they think**



Now **we want you to tell us what you think**. We will listen to what you say and **use it** to help us **make things better**



Our plans for the future of hospital services

This is what we want to do

Use hospitals mostly for services such as operations, most other services such as follow up appointments would be done closer to your home.

You could **have an appointment online** using a computer, tablet or your phone.

One hospital to provide all your emergency care, making it better, safer and quicker and one hospital to provide all the care for women to give birth

This would mean

Less visits to hospital and more care at your home or close to home



We could **spend more on hospitals** to provide better care



A special maternity hospital, to give mums and babies better care



All your specialist care would happen **in one place**



Less operations would be cancelled



Our plans for emergency care...

We want to

Give you **all of your hospital treatment in one place**, so once in hospital you don't have to move to another.

Have special mental health doctors and nurses working in the emergency department, so people who are feeling depressed (low and unhappy) can be looked after without being moved.

This would mean

Less people would need to stay in hospital overnight after being treated in the emergency care department



We will **do our best to treat you close to home** so you are less likely to need to come into hospital for emergency care



If you do need to come in for emergency care, **everyone you need to look after you will be available** in one place



Doctors, nurses, social care and mental health **teams will work together** to get you home quicker



Once in hospital, **you will not be moved** to another hospital



Our plans for family care

Family care is care and services that are mainly for women and children's health and include maternity care.

We want to

Have **children's services provided in our hospitals** and some in **community clinic or GP surgery**.

Provide **care and advice over the phone** if possible.

Make sure that **children's mental health services** are **easily available**.

Bring all our women and children's care **together in one hospital**.

Have **spaces designed for children** to **help them relax and be happy** about coming to hospital.

This would mean

Women who need maternity care **will be seen at a special women and children's hospital**



Less choice, but you will have **better care, all in one place**



We have **more services** for women and children **closer to your home** in places such as clinics and GP Practices.



Doctors, nurses, social care and mental health **teams will work together** to help you during and after your pregnancy



Our plans for elective care (planned operations)

Elective care or planned care is where you come into hospital for an operation that has been arranged such as a hip or knee operation.

We want to

Stop operations from being cancelled by separating our accident and emergency services from our normal hospital.

Care for you closer to home following an operation if possible **so that you don't have to come into hospital**. This could be through a GP appointment or even a phone call.

Care for you online or by phone after surgery. This could mean **you don't have to go back into hospital** for follow up appointment.

This would mean

Less people need to come into hospital for planned care before and after an operation



Giving you an appointment online or by phone call where possible



You **won't have to travel** which will **save you time and money**



You will **receive better care when you do come to hospital**, as we will not have to deal with emergency patients



Our plans for cancer care

We want to

Catch cancer early by checking people in their community.

Provide **more cancer services closer to home** for most people.

Have **cancer services working with other services** to give a **better outcome** for cancer patients

This would mean

People will have **more chance of getting better**, as we will **start treatment sooner**



We will check **people and communities at higher risk** of cancer



Care for people with cancer outside of hospital and **closer to their homes if suitable**



We could give local people **the best and most up to date** cancer care



Our plans for outpatient care

Outpatient care is where you get hospital care but do not need to stay in hospital overnight.

We want to

Provide more **outpatient care in your home** or in **community clinics** or **GP surgeries**.

Give you more choice in when and where you receive care.

Let you **get treatment** from specialist doctors and nurses **without having to go into hospital**

This would mean

You might not need to go to into a hospital for your appointment



You could have a say in when and where you have your appointments



Sometimes we can provide specialist equipment that can **keep a check on you** and send results to the hospital through the internet



Word bank

Communities

A community is a group of people that live in the same area

Elective Care

Elective Care is hospital or clinic care that is planned in advance and usually happens after your doctor has referred you to a hospital

Emergency Care Department

Emergency Care Departments are the part of the hospital that treats you if your life is in danger

Facilities

A facility is a place built for a particular purpose such as to make you better after an accident, disease or illness

Government

The Government makes laws and is responsible for many things including health

Health Services

Health Services support you and look after your health

Rehabilitation

Rehabilitation is care that can help you improve and get back to daily life. This might be because you have had an accident, disease or illness. The care can be for your body or for your mind.

Specialist care

Specialist Care is where you see a doctor who has a lot of knowledge and is an expert in one kind of illness or treatment

Ways to tell us what you think



You can **use a computer** to answer some questions by visiting:
<https://www.surveymonkey.co.uk/r/RHSNtnuh2020>

(Ask a friend or relative if you need some help)



We can post you a sheet of questions for you to answer.

Please email us at **NECSU.engagement@nhs.net**
or telephone us on **0115 971 3592..**